Certificate of Merit



Provincial Colours Awarded to:

Mark Phillips

For Participating in the South African Classic and Equipped Bench Press , in Cape Recife, Port Elizabeth on the 23rd February 2019

18/03/2019 Date Issued



Cliff Hayim

Certificate of Merit



Provincial Colours Awarded to:

Ian Furman

For Participating in the South African Classic and Equipped Bench Press , in Cape Recife, Port Elizabeth on the 23rd February 2019

18/03/2019 Date Issued



Cliff Hayim

Certificate of Merit



Provincial Colours Awarded to:

Ruben Van Der Linde

For Participating in the South African Classic and Equipped Bench Press , in Cape Recife, Port Elizabeth on the 23rd February 2019

18/03/2019 Date Issued



Cliff Hayim

Certificate of Merit



Provincial Colours Awarded to:

Glen Van Der Linde

For Participating in the South African Classic and Equipped Bench Press , in Cape Recife, Port Elizabeth on the 23rd February 2019

18/03/2019 Date Issued



Cliff Hayim